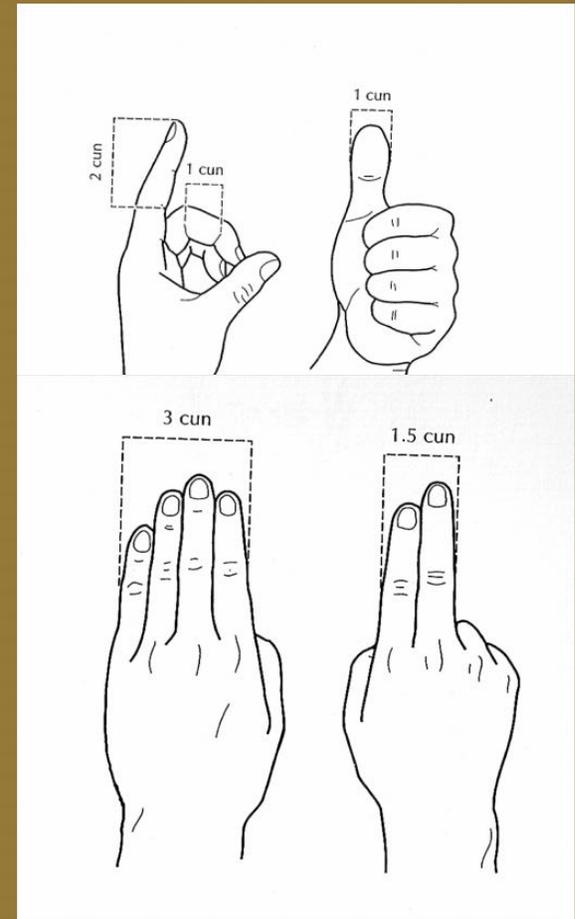
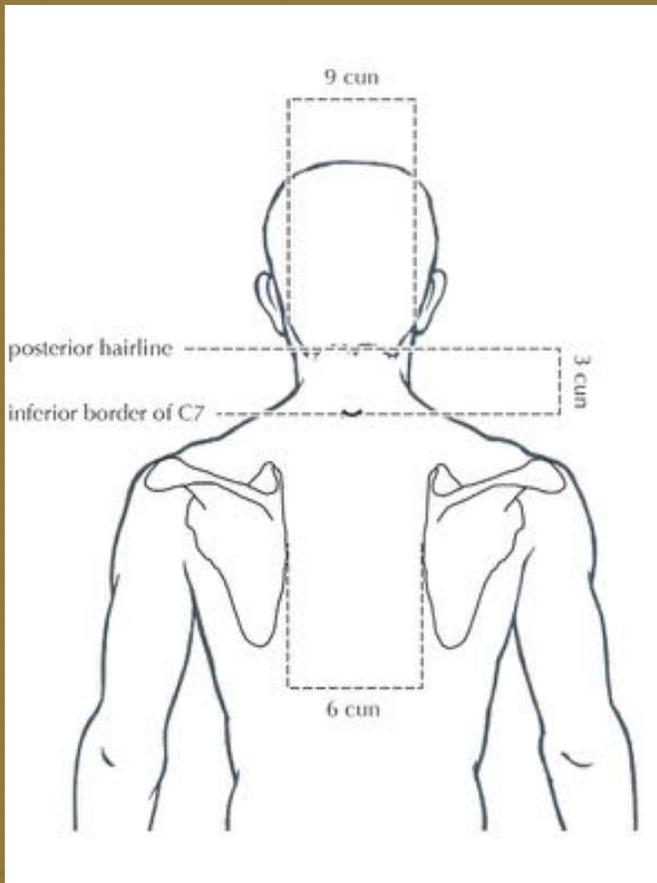


*Point Location:
Governing Vessel*

Du Mai Extraordinary Vessel

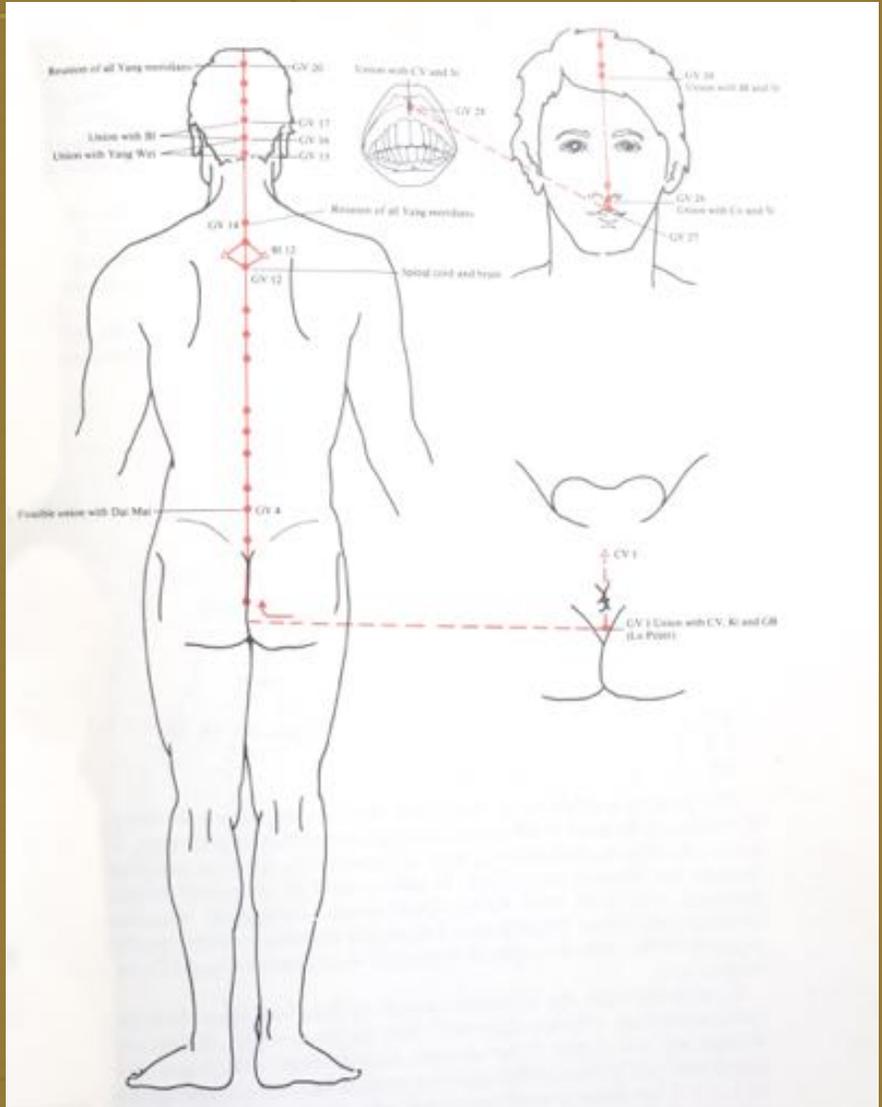
Back Cun Measurements

Cun—a proportional unit of measure



Governing Vessel Du Mai

*Points to know: GV 2,
Josen, 3, 4, 6, 8, 11, 12,
14, 15, 16, 20, 26*

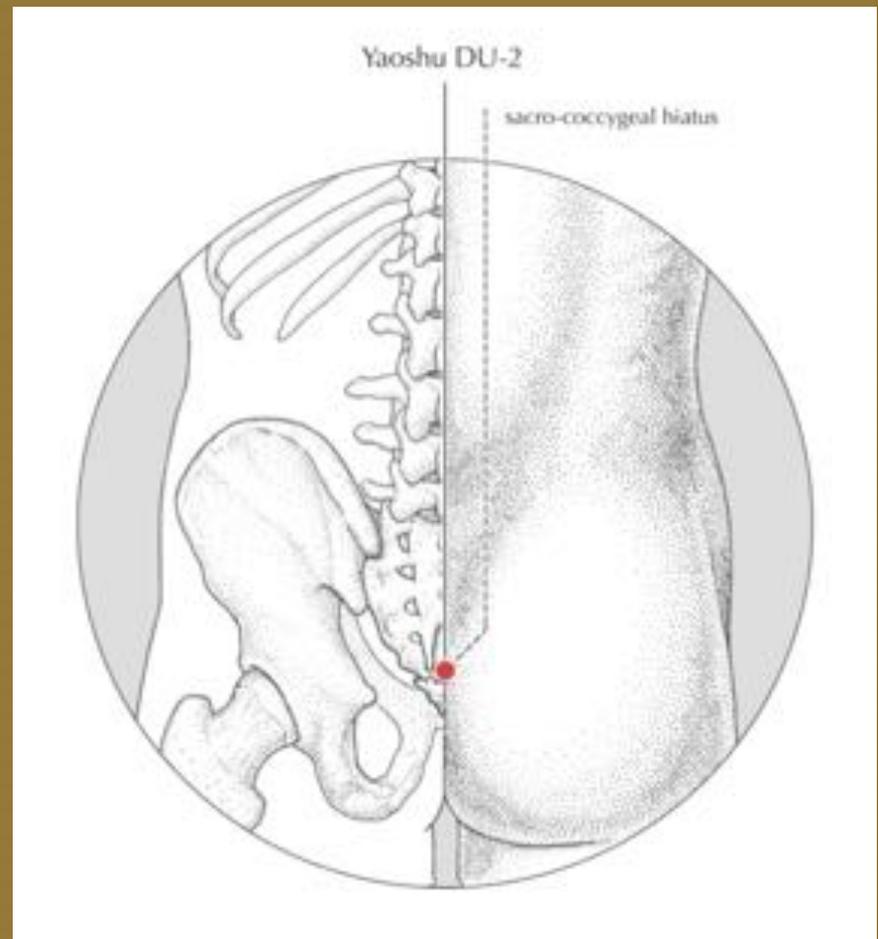


Governing Vessel 2

Du Mai

*GV*₂ – (Yaoshu – Lumbar Shu)

On midline of the lower back,
in the sacral hiatus



Governing Vessel 3

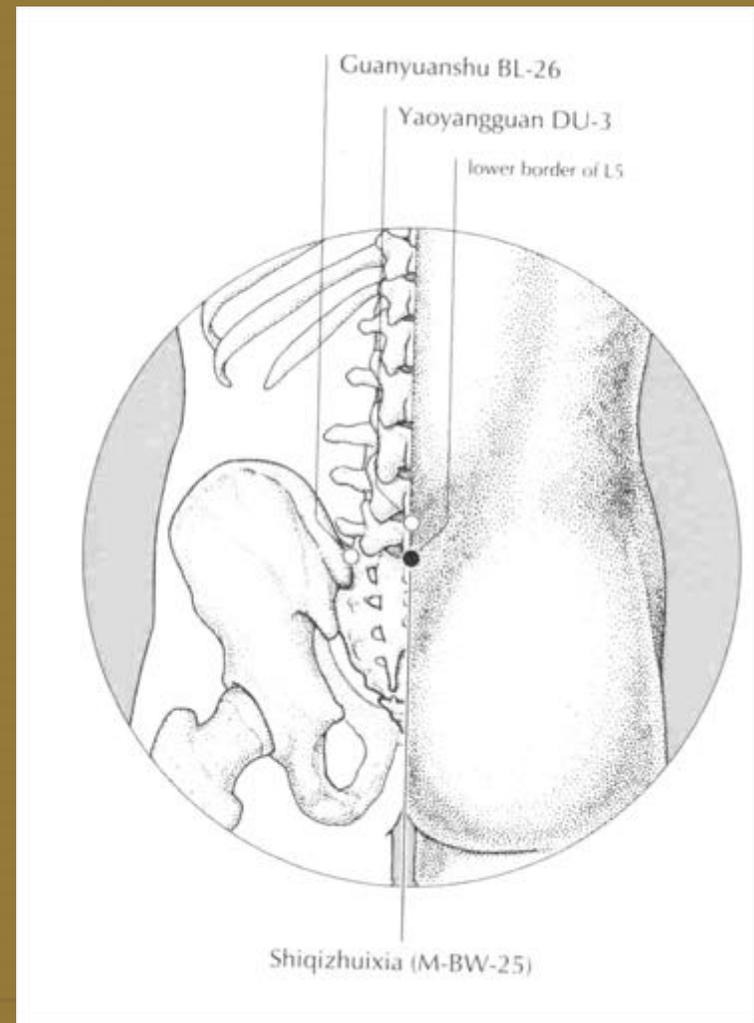
Du Mai

GV₃ – (Yaoyangguan – Lumbar Yang Gate)

On midline of the lower back, below the spinous process of the 4th lumbar vertebra

Josen (Shiqizhuixia – extra point below 17th vertebra)

On midline of the lower back, below the spinous process of 5th lumbar vertebra

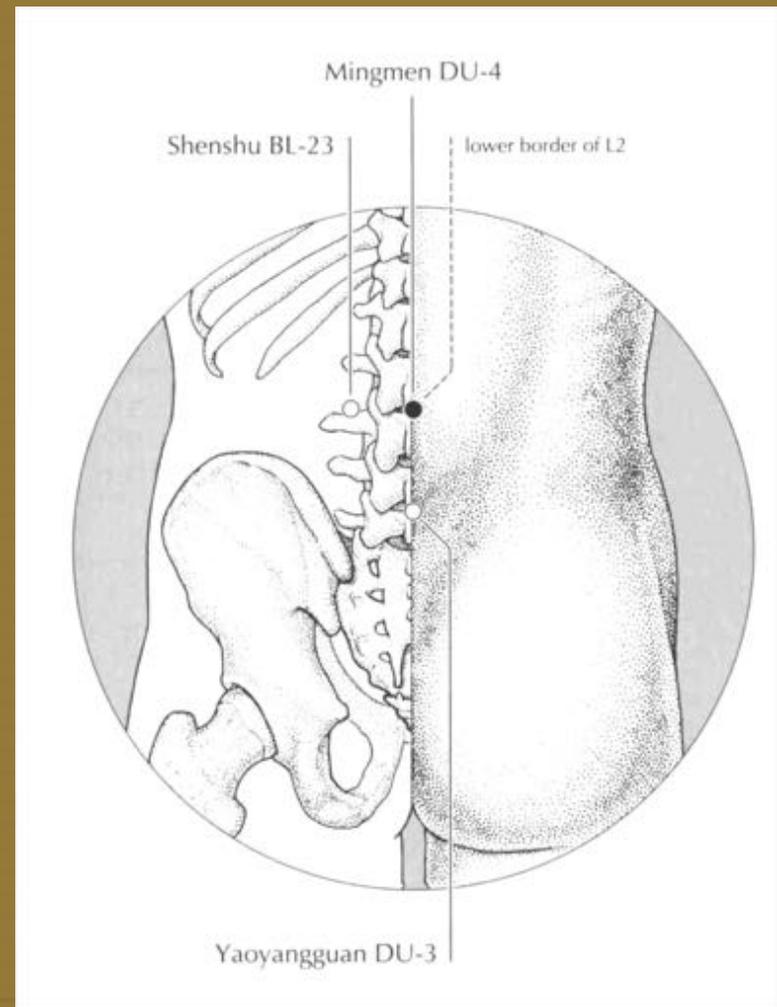


Governing Vessel 4 Du Mai

*GV*₄ – (Mingmen – Life Gate)

On midline of lower back,
below spinous process of
the 2nd lumbar vertebra

At level of Kidney Mu
Point



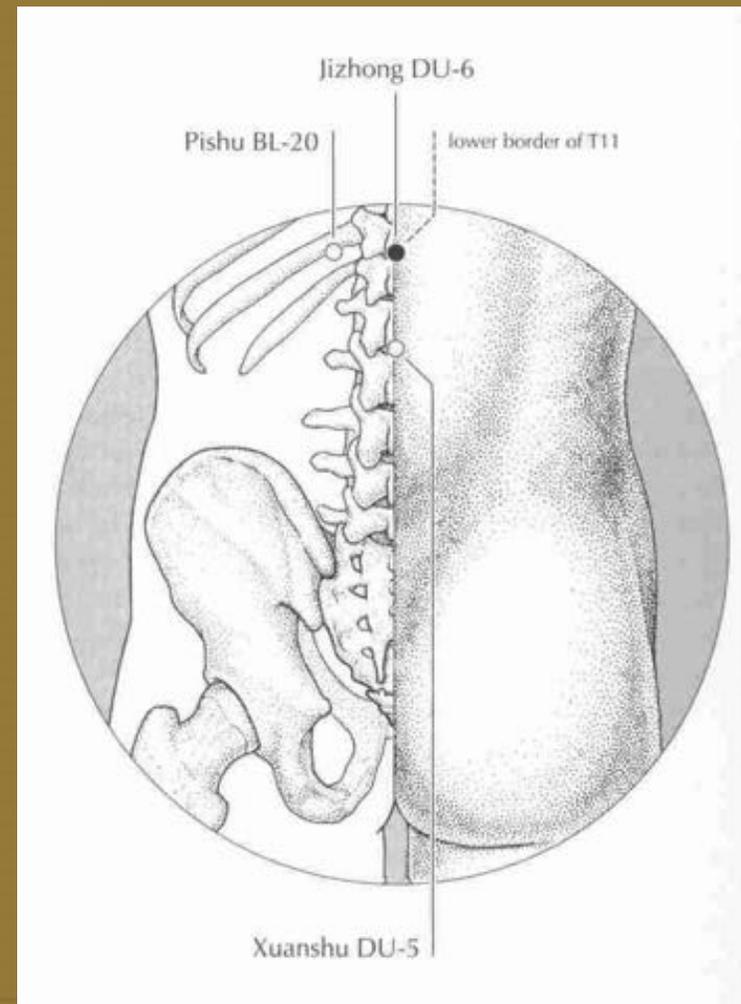
Governing Vessel 6

Du Mai

GV 6 – (Jizhong – Spinal Center)

On midline of back, below spinous process of the 11th thoracic vertebra

At level of Spleen Mu



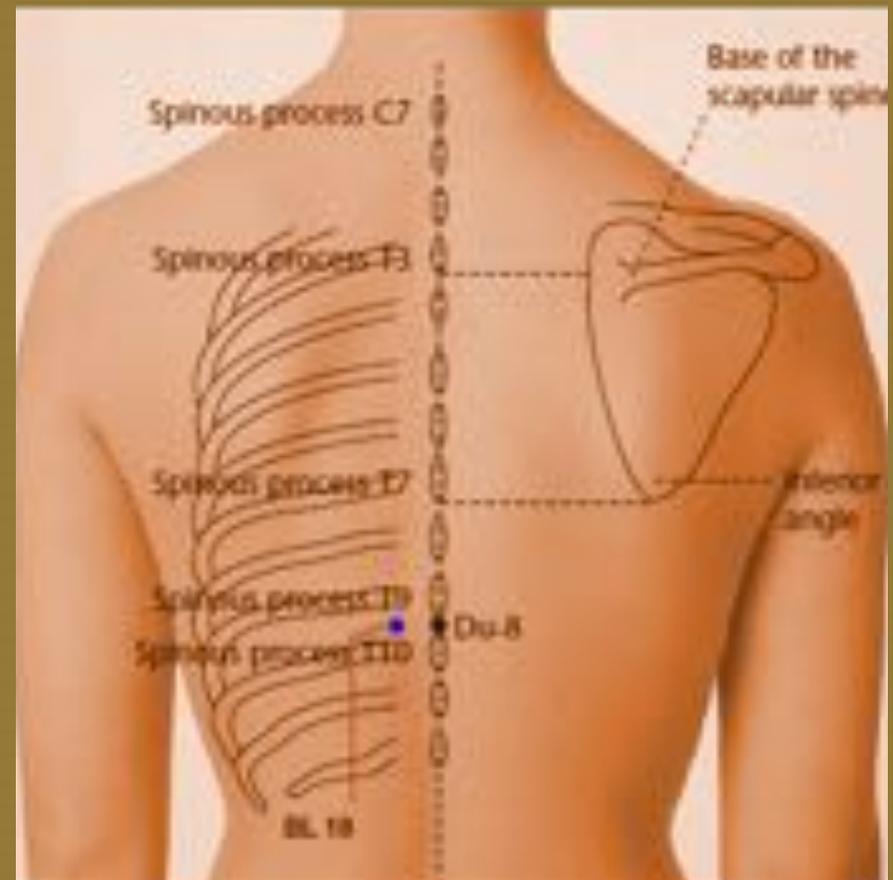
Governing Vessel 8

Du Mai

GV 8 – (Jinsuo – Sinew Contraction)

On midline of back, below spinous process of the 9th thoracic vertebra

At level of Liver Mu



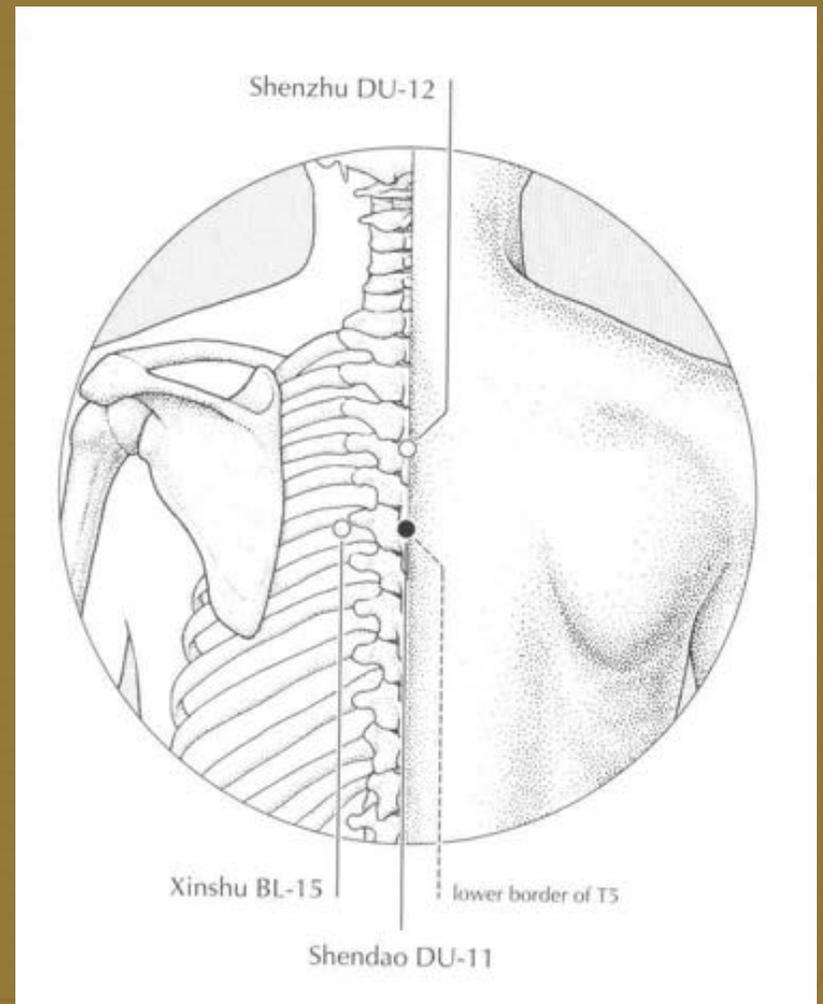
Governing Vessel 11

Du Mai

GV₁₁ – (*Shendao* – Spirit Pathway)

On midline of back, below spinous process of the 5th thoracic vertebra

At level of Heart Shu point



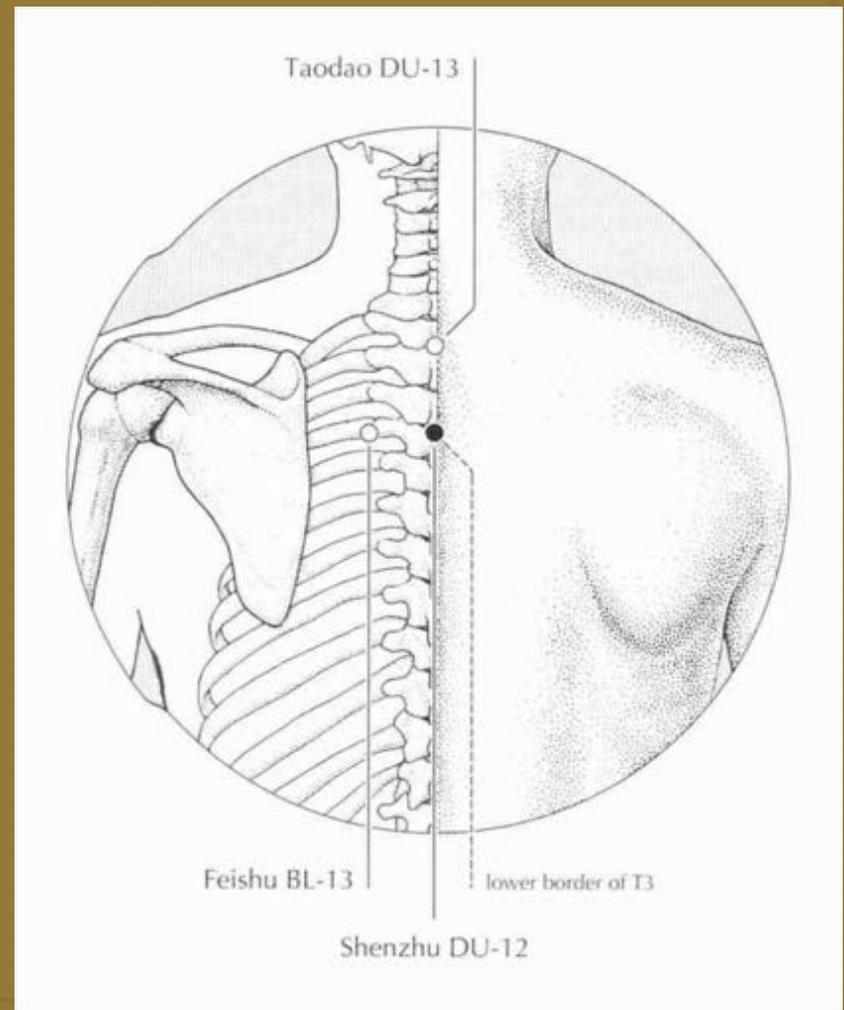
Governing Vessel 12

Du Mai

*GV*₁₂ – (Shenzhu – Body Pillar)

On midline of back, below spinous process of the 3rd thoracic vertebra

At level of Lung Shu



Governing Vessel 14

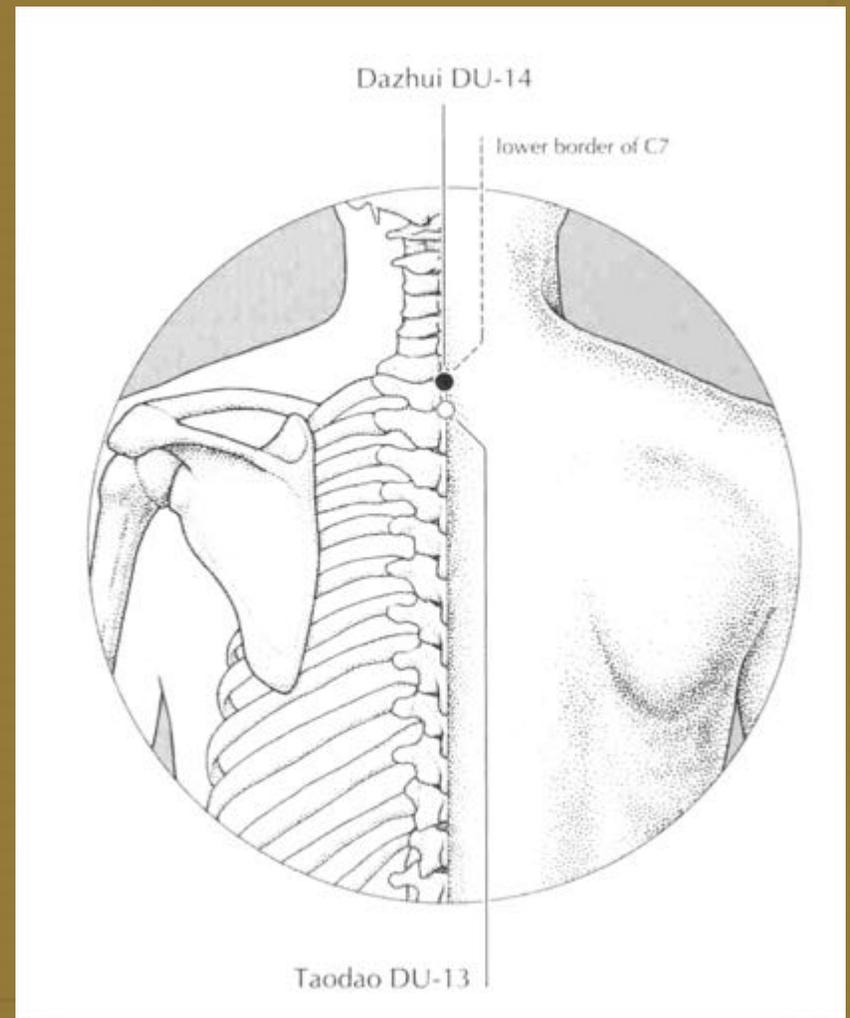
Du Mai

GV₁₄ – (*Dazhui* – Great Vertebra)

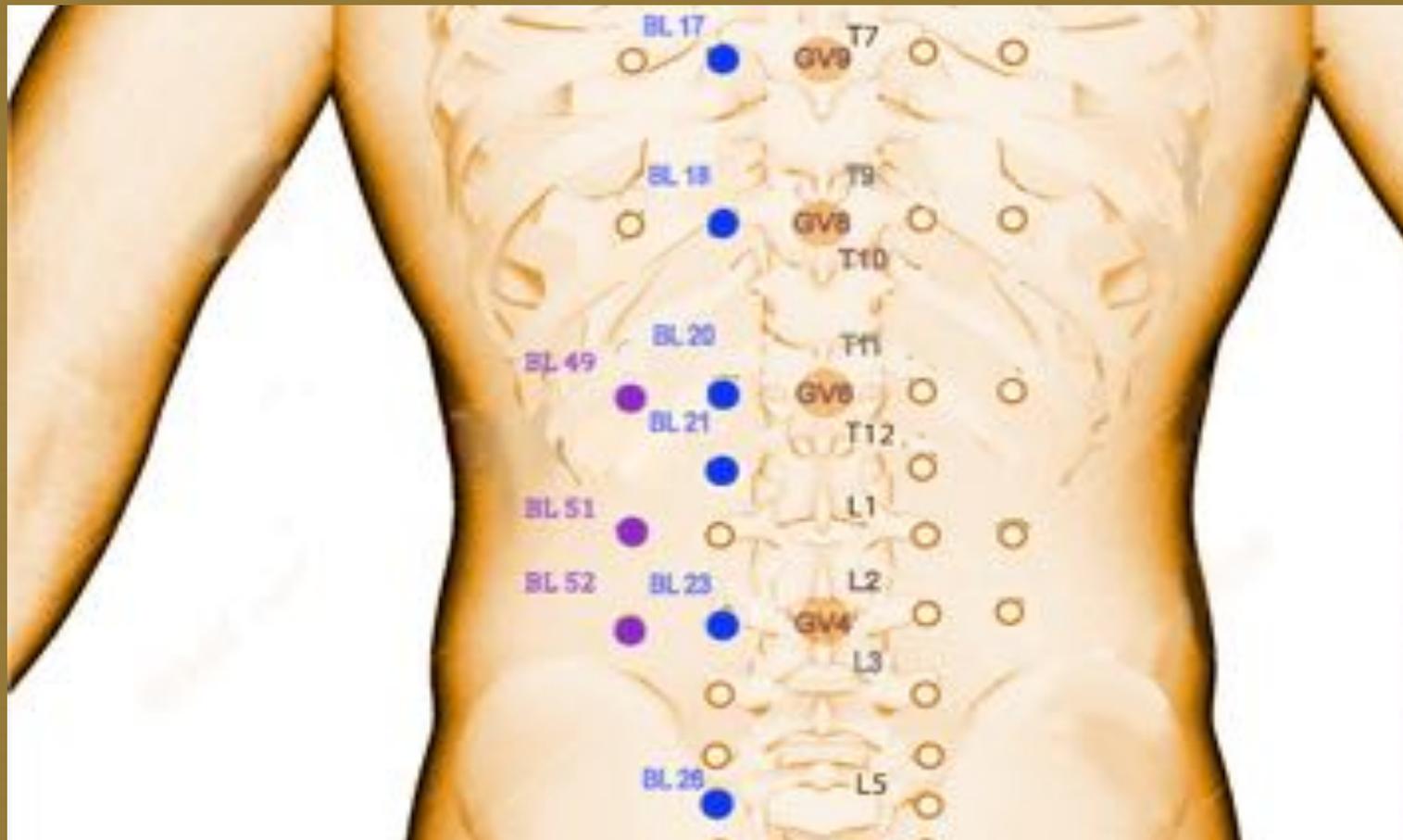
On midline of upper back,
below spinous process of
the 7th cervical vertebra

Meeting point of all yang
channels

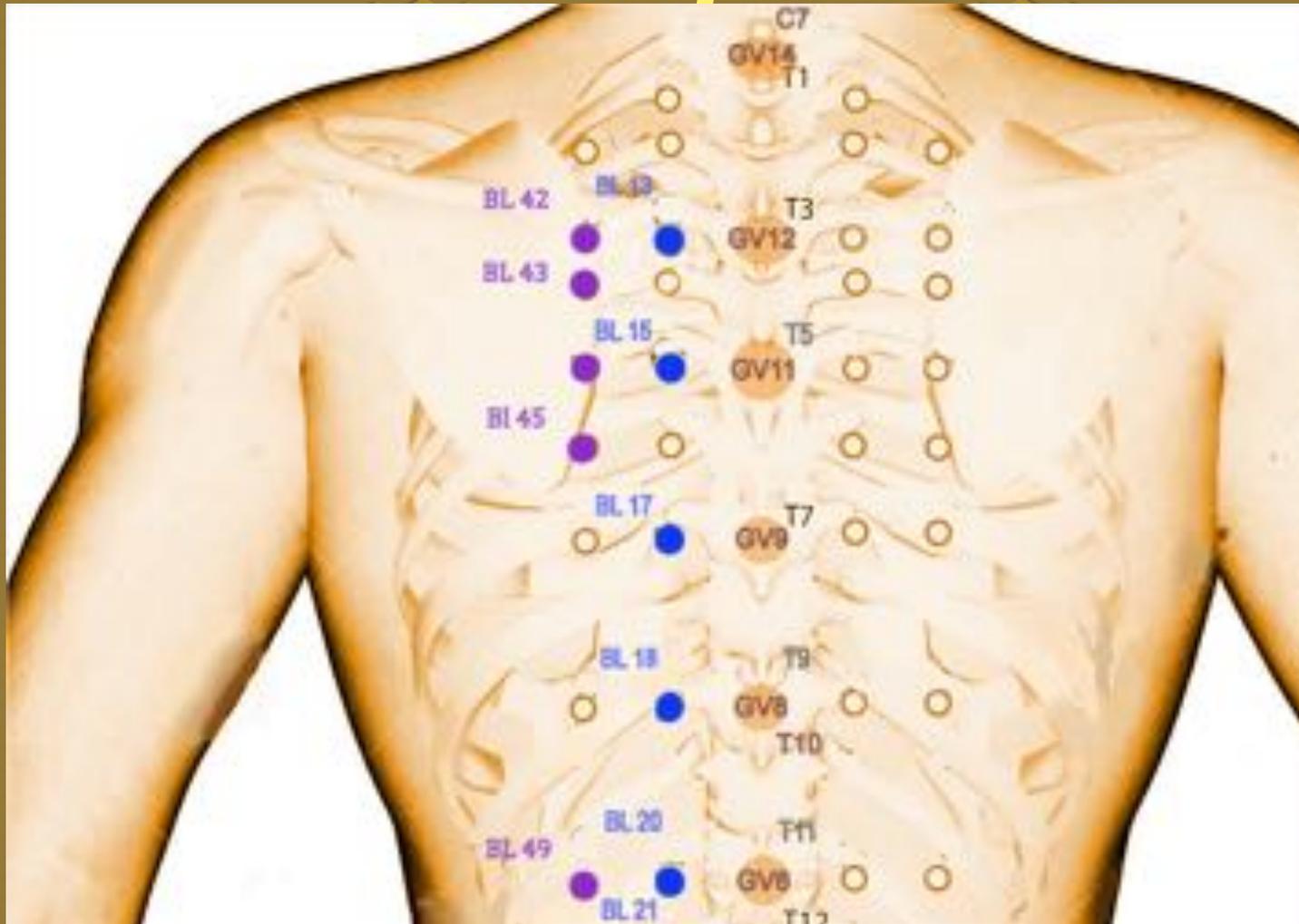
Sea of Qi



Governing Vessel Relationship to Bladder



Governing Vessel Relationship to Bladder



Governing Vessel 15

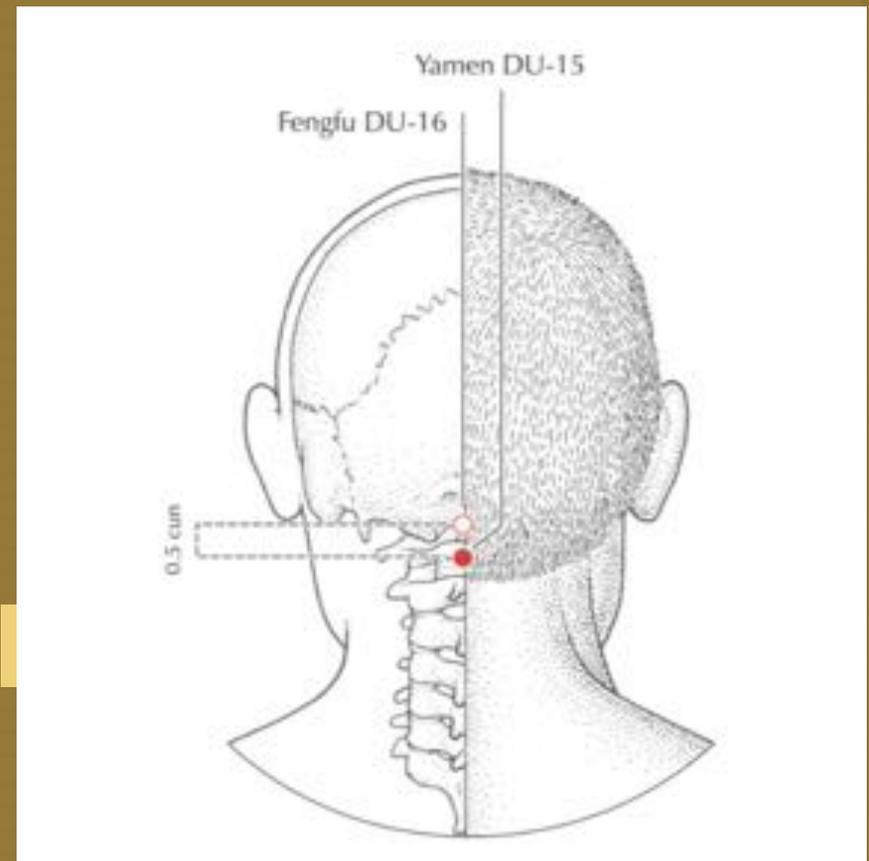
Du Mai

*GV*₁₅ – (Yamen – Gate of Muteness)

On midline of back of neck, in depression immediately below the spinous process 1st cervical vertebra (not palpable) 0.5 cun below *GV*₁₆

Meeting point with Yang linking Vessels

Sea of Qi



Governing Vessel 16

Du Mai

*GV*₁₆ – (*Fengfu* – Palace of Wind)

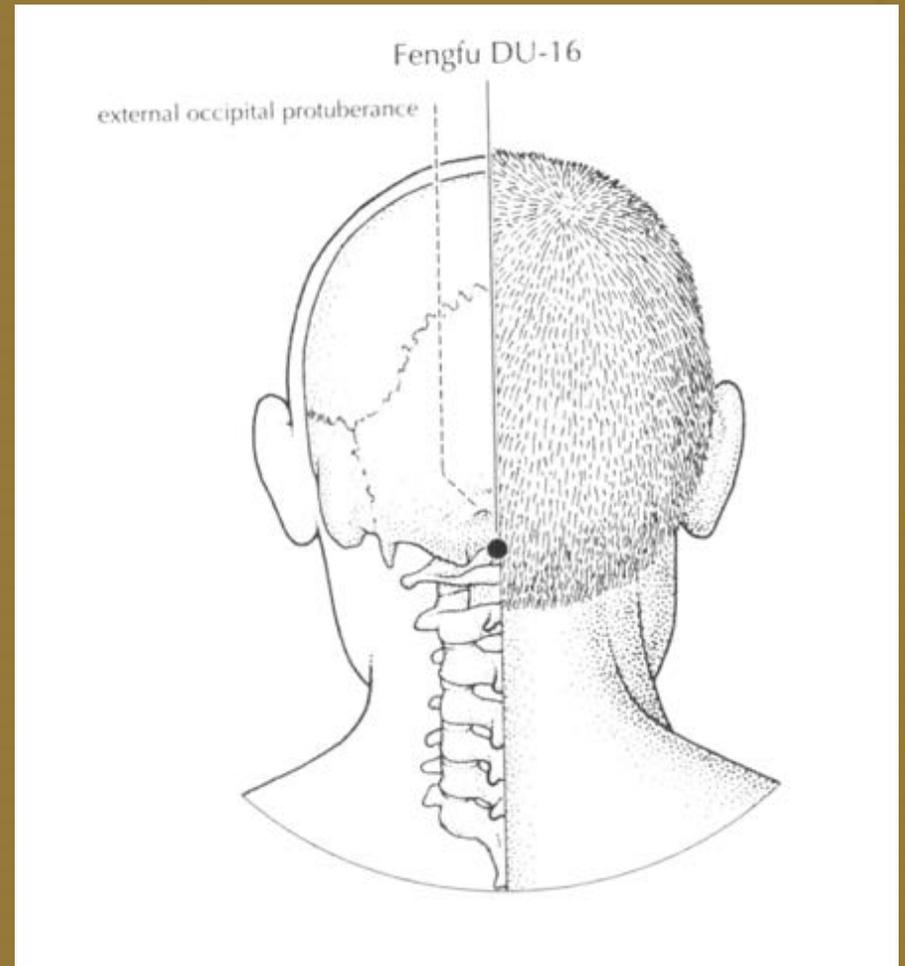
On midline of back of neck, in depression immediately below the occipital protuberance

Meeting point with Yang linking Vessels

Sea of Marrow

Window of Heaven Point

Sun Simiao Ghost point



Governing Vessel 20

Du Mai

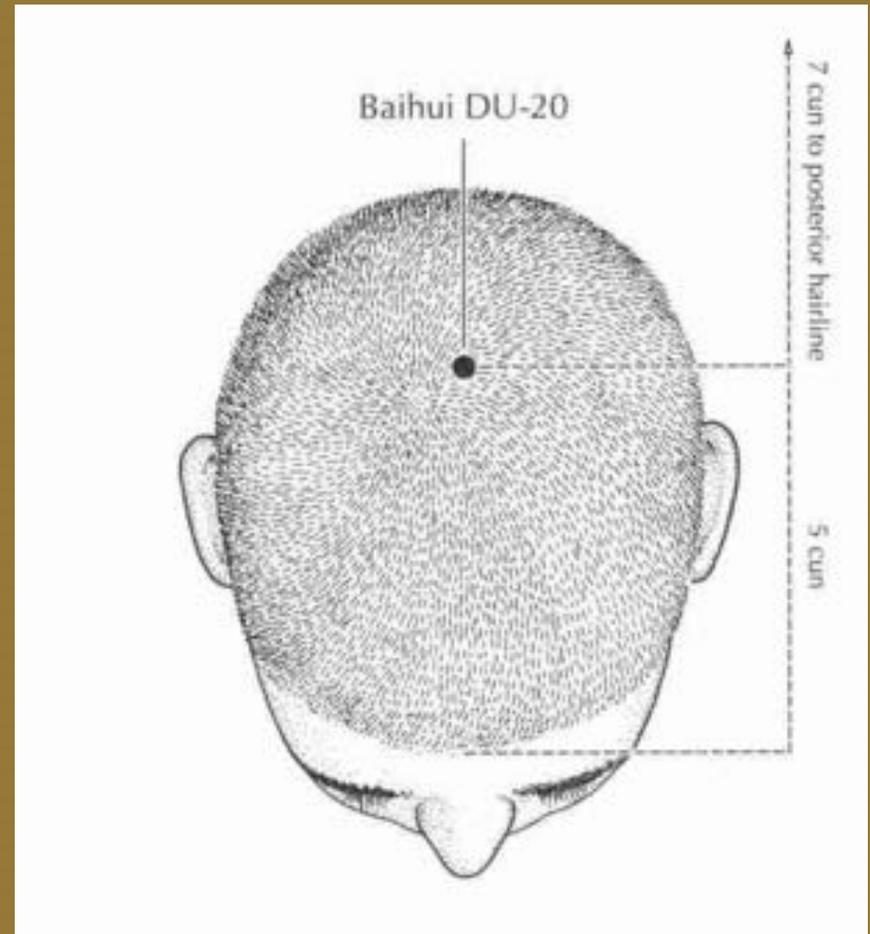
GV 20 – (Baihui– Hundred Meetings)

On midline of head at the vertex, 5 cun posterior to anterior hairline.

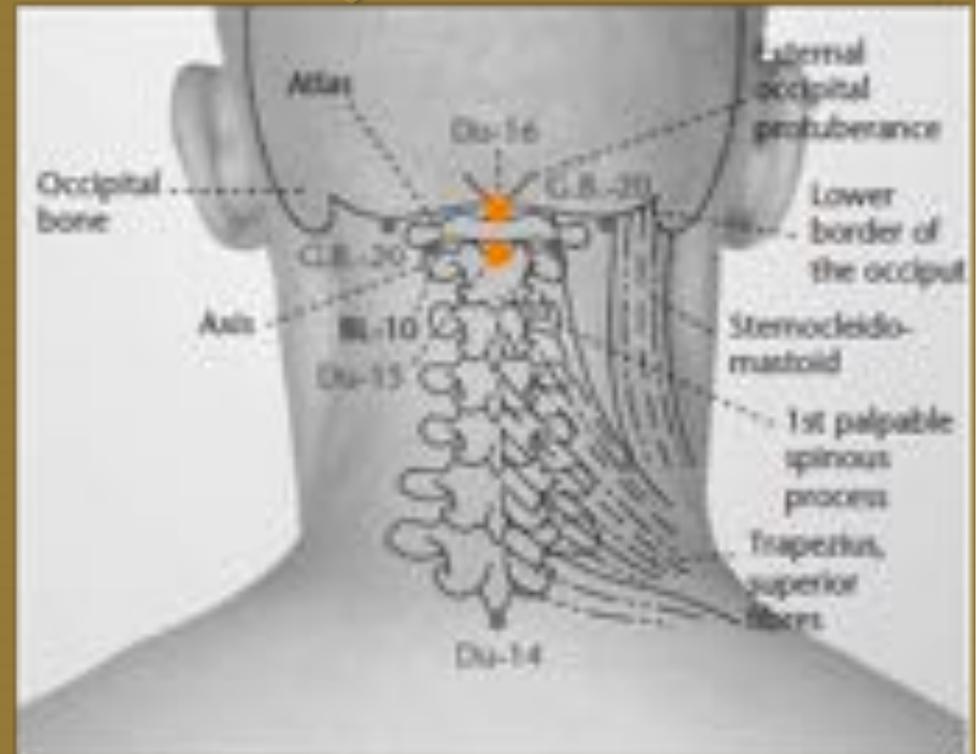
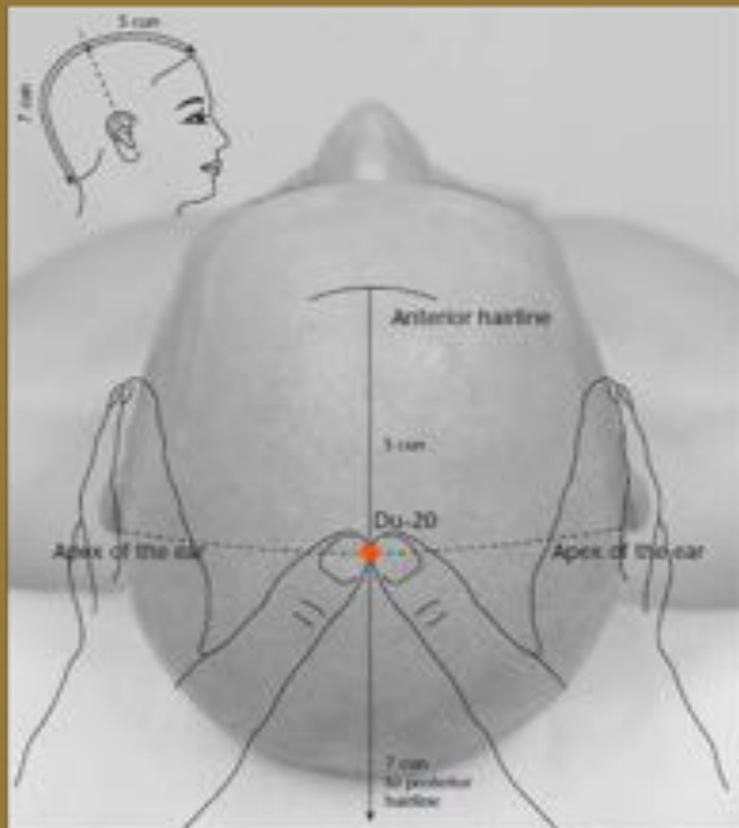
Also found if ears folded trace line vertically from apex of ear to vertex of head

Meeting point with BL, GB, TW, LV

Sea of Marrow



Governing Vessel Relationship to Neck and Scalp



Governing Vessel 26

Du Mai

*GV*₂₆ – (*Suliao* – White Bone)

On midline of philtrum
between root of nose and
margin of upper lip

Used to restore
consciousness

