**The Function of Kidneys and Bladder - Ilaria Maria Merlo, Md**

**1. Which of the following statements is correct about the functions of Kidney?**

1. The Kidneys store the Essence, produce Marrow, manifest in the hair, and open in the eyes.
2. The Kidneys store the Essence, control the bones, control the two lower orifices, and govern Qi.
3. The Kidneys store the Essence, govern Water, house the *Zhi*, and control the reception of Qi.
4. The Kidneys store the Essence, open in the ears, control the Gate of Life, and their colour is white.

**2. All of the following statements about the Kidney are correct *except***

1. Kidney-Essence provides the organic basis for the transformation of Kidney-Yin into Kidney-Qi through the warming action of Kidney-Yang.
2. Kidney accepts Gu Qi from Spleen and Zong Qi from the Lungs to form Blood
3. Original Qi is the foundation of all the Yin and Yang energies of the body.
4. Yuan-Qi comes out at the Source Points.

**3. Where is the Gate of Life located?**

1. At CV-4
2. At BL-25
3. At GB-25
4. At GV-4

**4. Which are the Organs that cooperate with Bladder to control urination?**

1. Liver, Heart, Spleen and Triple Warmer.
2. Small Intestine, Kidney-Yin, Lung, Pericardium, Liver and Spleen.
3. Heart, Lung, Triple Warmer, Kidney-Yang, Small Intestine, and Liver.